

West Knox Warriors Lacrosse Club
Code of Conduct / Releases

Please read and sign each section below

Player Name:	
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PLAYER CODE OF CONDUCT

In the spring of 2008, WKW Lacrosse implemented a Code of Conduct. Each player and one of his parents is required to read and sign this contract as part of participation in the WKW Lacrosse program. This Code of Conduct has been created with the expectation that it will support these young men in becoming all that they can be through hard work, commitment, and discipline, both on and off the field.

Our Code of Conduct is defined by our guiding principles of:

- 1. *Restraint***
- 2. *Respect***
- 3. *Responsibility***
- 4. *Represent***

1) Restraint – Make Good Decisions Everyday

Our team is committed to being drug and alcohol free. The use of illegal drugs and alcohol are strictly prohibited at all team activities. Any player who uses drugs or alcohol at a team activity or is found to be under the influence of drugs or alcohol at a team activity will be immediately suspended from the team. Team activities include, but are not limited to: practice, games, travel, road trips, team hotel and team event.

Tobacco and e-cigarette use are not allowed at all team related activities. Even if you are 18 years of age, you will not be permitted to use any tobacco or e-cigarette products at team activities.

Any behavior at school that results in suspension from school may also be grounds for dismissal, subject to board review. If you are arrested or bring a firearm to a team event, you will be immediately dismissed from the team subject to board review.

2) Respect – Treat Others As You Want To Be Treated

Players are required to show respect for their coaches and teammates. Additionally, WKW players will show respect for the other teams we play—their players, coaches, parents, and game officials. The use of foul or inappropriate language is prohibited.

Players will keep the practice and game fields clean and be responsible for putting away goals and collecting balls at the end practices and games. Players will show respect for all practice and game facilities. Vandalism will result in immediate dismissal from the team.

3) Responsibility – Build Trust By Following Team Rules And Doing What Is Required

Players are expected to arrive at team activities on time and have all required gear on the field with you, including mouthpieces and water. It is a player’s responsibility to contact the coaches if you will be late. Players should only be at our practice fields during scheduled practice times and with supervision by coaches or adults, unless advance approval from coaches has been given.

Players must be accompanied and driven by an adult to all games outside of Knox County, even if they are 18 or older. Violation of this rule will result in immediate suspension from play for one game.

Players must turn in all required team paperwork by the assigned deadline. Late paperwork will result in a player being restricted from participating in team activities.

4) Represent – Set The Example For Others To Follow

Academic success is very important. Players are responsible to notify their coaches if they are having problems keeping their grades at an acceptable level.

West Knox Warriors Lacrosse Club
Code of Conduct / Releases

Players must drive safely in practice or game parking lots without speeding or excessively loud music. Players must only use designated restrooms, and will not urinate in the view of practice or game facilities. Players will change their clothes for practice before leaving home or in their cars, rather than in a public place or parking lot.

Attendance, Playing Time, and Illness/Injury Policy

West Knox Warriors Lacrosse is a varsity level lacrosse team. Playing time for players in varsity games will be determined by their preparedness, ability, effort, and practice participation. If we are able to support a Junior Varsity (J.V.) team, these same principles will apply for those players eligible to play J.V.

Players are responsible to notify a coach in advance with a phone call when they cannot be at practice—period.

Unexcused absences will result in loss of game playing time. After two unexcused absences, the parents will be contacted. After three unexcused absences, a call for review by coaches and the board will be made as to whether the player needs to continue in the program.

Sick or injured players are responsible for contacting the coaches about coming to practice rather than assuming he should stay at home.

Coaches recognize that some players may also have a job. Players are required to inform the coaches of their work schedules in advance. Player’s work schedules that interfere with the WKW practice schedule may impact the member’s playing time.

Code of Conduct Summary

We believe this Code of Conduct will help to further instill personal values that will carry members forward into adulthood. These values exhibited by our members also promote our team as a high quality organization in the lacrosse community of the Southeastern U.S.

It is important that each player and parent understand the consequences of violating the Code of Conduct. It is the discretion of the WKW Lacrosse Club Board to determine the consequences associated with a Code of Conduct Violation. Consequences include, but are not limited to, loss of starting position, loss of playing time, loss of captain status, requirement to complete additional community service, additional conditioning requirements, suspension and even dismissal from team activities.

It is the policy of WKW Lacrosse not to refund any monies already paid to the team if a player decides to leave the team or is suspended or dismissed.

As a PLAYER, I understand this Code of Conduct, and my signature affirms that I agree to abide by it.

Print Player Name

Player Signature

Date

As the PARENT, I understand this Code of Conduct, and my signature affirms that I agree to abide by it.

Print Parent Name

Parent Signature

Date

PARENT CODE OF CONDUCT

The West Knox Warriors Lacrosse Parent agrees to:

- Assist player’s timely arrival to practice, games, and tournaments.
- Assist in the development of player’s individual decision-making abilities by not offering instructions from the sidelines during practice, games and tournaments.
- Entrust lacrosse decisions to the coaches. West Knox Warriors Lacrosse Club strives to provide a competitive athletic experience similar to high school varsity or junior varsity sports. Playing time for players in varsity games will be determined by their preparedness, ability, effort, and practice participation. If we are able to field a JV team, these same principles will apply for those players eligible to play JV.
- Attend games, display good sportsmanship, and be a supportive spectator of all teams and players.
- Volunteer in some capacity as requested by the club, particularly in preparation for and assisting in performance of events (e.g. keeping statistics, timing and scoring, ect).
- Participate along with your player in fundraising activities.
- Pay all fees for services in the specified time frame, unless a separate payment plan is agreed upon.
- Enforce the player’s code of conduct with your player.
- Provide your feedback, positive and/or constructive, to the Board of Directors. Assist the Board in taking action by remembering that feedback on specific, observable behavior is more easily addressed than generalizations or judgmental conclusions.

Print Parent Name

Parent Signature

Date

MEDICAL RELEASE

I, the undersigned as the parent or legal guardian of _____ hereby consent to any and all medical and surgical treatments, including anesthesia or operations which may be deemed advisable by any qualified physician selected by agents of West Knox Warriors Lacrosse Club. The intention thereof is to grant authority to administer and perform any or all examinations, treatments or diagnostic procedures which may now or during the course of the patient’s care, be deemed necessary by any qualified physician in the case of a medical emergency. Witness of my consent and agreement to the matters state above, I have subscribed my signature below.

Print Parent Name

Parent Signature

Date

RELEASE OF LIABILITY

In exchange for _____’s (player) participation in West Knox Warriors Lacrosse Club, conditioning, practice and play, I, _____ parent or legal guardian of named player, do hereby agree as follows:

1. I recognize that there are inherent risks associated with the conditioning for, practice of and play of lacrosse
2. I understand that lacrosse is a physically demanding contact sport. I hereby represent to West Knox Warriors Lacrosse Club that the above named player is in good physical condition and has no known medical limitations that prevent him from engaging in such activities.

West Knox Warriors Lacrosse Club
Code of Conduct / Releases

3. I agree to release and discharge West Knox Warriors Lacrosse Club, its coaches, assistants, advisory board, agents and assigns from any liability for injury, illness or loss arising out of the named player's participation in this activity including but not limited to conditioning, practice, play and travel to or from practice or games.
4. In the event of any injury or illness, I authorize West Knox Warriors Lacrosse Club to seek medical treatment and I will be financially responsible for any and all charges so incurred, including but not limited to emergency transportation, Physician/medical care giver and hospital charges.
5. I understand that while high schools acknowledge the existence of the boy's lacrosse club, the actual engaging (playing) the sport of lacrosse is not sanctioned by any Knox County high school.
6. I have also been informed that lacrosse club activities (including, but not limited to, "practice or games") might not be chaperoned by any adult.
7. I furthermore agree that the player and his parents will be financially responsible for any damages caused to Knox County property, or any personal property of individuals or businesses.
8. I understand the terms herein are contractual and not a mere recital, and that I have signed this document as my own free act. I have fully informed myself of the contents of this affirmation and release by reading it completely before I signed it.

Player Signature: _____ Date: ___/___/___

Parent Signature: _____ Date: ___/___/___

RELEASE/AUTHORIZATION TO PUBLISH

I hereby give West Knox Warriors Lacrosse Club full, unrestricted rights to publish, distribute electronically and/or use any still or motion pictures, of me for use in editorial content, art, advertising, trade or any other lawful purpose. I understand my likeness may be used in advertising and/or promotions. I hereby release and hold harmless the above named, its successors, coaches, board, and assigns from any liability or claims of damage whatsoever in connection with said use of my likeness. I waive any right to inspect and approve final use of materials covered hereunder. I certify that I am 18 years of age, or if a minor, have included as signatory to this release my parent or legal guardian, whose name and signature appear below. I have read and understand this Release and certify that the information is true and accurate.

Player Signature: _____ Date: ___/___/___

Parent Signature: _____ Date: ___/___/___